

# **Anti-Doping Declaration Form**

## **Ski and Snowboard India**

I, \_\_\_\_\_ an athlete, declare that I fully understand and agree to abide by the anti-doping rules and regulations set forth by the following:

1. **World Anti-Doping Agency (WADA):**

I acknowledge and comply with the WADA Code and its guidelines prohibiting the use of banned substances and methods.

2. **National Anti-Doping Agency (NADA):**

I agree to cooperate with NADA's testing procedures and understand that sanctions will be imposed if a violation occurs.

3. **Ski and Snowboard India:**

I commit to following the Federation's anti-doping policy, which aligns with WADA and NADA standards.

4. **Prohibited Substances:**

I am responsible for ensuring no prohibited substances enter my body, knowingly or unknowingly.

5. **Testing and Whereabouts:**

I agree to provide accurate whereabouts information and submit to testing as required.

6. **Therapeutic Use Exemptions (TUEs):**

I will apply for a TUE if I need any prohibited substance for medical reasons.

7. **Sanctions:**

I understand that violations of anti-doping rules may result in penalties including suspension or disqualification.

Athlete's Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Place: \_\_\_\_\_