

## **SKIING EVENTS - RULES**

### **The criteria for determining athlete qualification for each event.**

#### **1. National Events:**

- Athlete must be part of the State or Army / ITBP / CRPF teams to take part in nationals level events.
- Athletes must have a valid SSI registration number at their own cost.
- National events are conducted under the auspices of SSI and are eligible for accruing point for the National Ranking and National Team selection.
- The National ranking system is applicable to athletes registered with SSI.

#### **2. International Events:**

Registration and participation in international events are only permissible through approval of SSI.

The following rules apply for eligibility of athletes:

##### **FIS races:**

- Individual registration and participation in FIS races are permissible to all athletes who have a valid SSI registration number at their own cost, subject to SSI terms and conditions. This does not apply to World Cup / World Championship level events.
- The athlete must have competed in at least one national-level competition.
- FIS race entries must be made through SSI only. Any entry made independently will be subject to disciplinary action.

##### **World Cup / World Skiing Championships:**

- Only notified SSI WC / WSC athletes are eligible to participate in these events. Athletes must be members of the National Team and meet the FIS points requirements for the WSC/WC or should be the top FIS points athlete in India before the event's longlist deadline.

##### **Asian Games / Asian Championships:**

- Only notified SSI AG / AC athletes are eligible to participate in these events. Athletes must be members of the National Team.

##### **Winter Olympic Games:**

- Only notified SSI WOG athletes are eligible to participate in these events. Athletes must be members of the National Team. Must have the required FIS Points.

**In addition to the above, it is expected that the athletes also possess the following:**

**Skill Evaluation:**

- **Technical Skills:** Proficiency in skiing techniques, as assessed during trials or camps.
- **Physical Fitness:** Meet specific fitness standards, such as endurance, strength, and agility tests.
- **Race Readiness:** Ability to perform under competitive conditions, including adaptability to different terrains and weather conditions.

**Teamwork and Sportsmanship:**

- **Team Dynamics:** Ability to work well in a team environment, particularly important in sports like bobsleigh, where coordination among team members is essential.
- **Sportsmanship:** A track record of displaying fair play, respect for opponents, and adherence to the rules of the sport.
- **Communication Skills:** Effective communication with coaches, teammates, and support staff.

**Health and Medical Clearance:**

- **Injury History:** Detailed assessment of past injuries and current physical health to ensure athletes are fit to compete.
- **Medical Clearance:** Comprehensive medical examination to certify that the athlete can safely participate in high-altitude and cold-weather sports.

**Ethical and Doping Compliance:**

- **Doping History:** Strict adherence to anti-doping regulations, with no history of violations.
- **Ethical Conduct:** A commitment to ethical conduct both on and off the field, including adherence to the principles of fair competition.

This selection criteria and additional considerations will help ensure that the Indian Winter Sports Team comprises athletes who are not only technically proficient but also physically fit, mentally resilient, and capable of competing at the highest levels in challenging winter sports environments.